

# School of Nursing

Dr. Nair's Hospital

ISO 9001 : 2008 Hospital



(Recognized by Kerala Nurse's &  
Midwives Council & Indian Nursing Council)



## Prospectus

Diploma in General Nursing & Midwifery

Asramam, Kollam - 691002

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### **About the Hospital**

Dr. Nair's Hospital was started as a small clinic by Dr. K.P. Nair FRCS on 5<sup>th</sup> December 1968. The hospital was started with definite aims such as to provide a clean residence for the patients, to maintain a high standard in patient care and to practice the art of medicine without deviating from scientific method. Briefly, the aim of the hospital is primarily to help the patient recover from the disease. The inscription in Sanskrit in the hospital emblem "Shariramadhyam Khalu Dharmasadhanam" means that a healthy body is the first requisite for the pursuit of Dharma and thus to greatness in life. The inscription is taken from Kalidasa's Kumara Sambhavam.

Today Dr. Nair's Hospital is an ISO 9001-2008 certified 300 bed multi speciality hospital.

The School was started in the year 1994.

The first batch of students was admitted in January 1994.



## **Curriculum**

The course of study emphasizes the scientific principles, the theory of caring and the concepts essential in providing holistic patient care. The theory is closely co-related with practical experience. The course primarily prepares the student to provide comprehensive nursing care with high level competence to all patients requiring their services. The duration of the course is three years starting on 1<sup>st</sup> October every year.

## **Eligibility**

**Candidates for admission to the course should satisfy the following general requirements.**

- ♦ A pass in Plus Two examination or its equivalent with Physics, Chemistry and Biology as optional subjects with an aggregate of 40% marks. In the absence of candidates with the above qualification, a pass in plus two examinations or its equivalent with any other group as optional subjects with an aggregate mark of 40% can be considered. In the case of Scheduled Caste/Scheduled Tribe candidates a pass in Plus Two or its equivalent examination for Physics, Chemistry and Biology is sufficient.
- ♦ Candidates are also eligible from State Open School recognized by State Government and National Institute of Open School (NIOS) recognized by Central Government.
- ♦ Registered ANM
- ♦ 10+2 Vocational ANM course from the school recognized by Indian Nursing Council.
- ♦ 10+2 Health care Science - Vocational stream from a recognized CBSE board/State/Centre.
- ♦ For foreign nationals - 12<sup>th</sup> standard will be obtained by Association of Indian Universities, New Delhi.
- ♦ Female Candidates not less than 17 years or not more than 35 years as on the 31<sup>st</sup> of December of the year. For ANM/LHV, there is no age bar.
- ♦ Students shall be medically fit.
- ♦ Admission of students shall be once in a year.
- ♦ For disabled candidates: 3% Disability reservation to be considered with a disability of locomotor to the tune of 40% to 50% of the lower extremity.

## **HOW TO APPLY**

Applications for admission should be made in the prescribed form in duplicate. One copy should be submitted duly filled in and with all enclosures mentioned below to "The Director, School of Nursing, Dr. Nair's Hospital, Kollam - 691002".

The duplicate duly filled in and with all enclosures, should be sent to "The

Registrar, Kerala Nurse's & Midwives Council, Red Cross Road, Thiruvananthapuram - 35". The following documents should be forwarded



along with the Application form duly signed and filled in the candidate's own hand writing. Incomplete application will be rejected.

- ♦ True copy of second page of SSLC book to prove age
  - ♦ True copy of SSLC mark list
  - ♦ True copy of Higher Secondary Examination or Equivalent Certificate
  - ♦ True copy of Higher Secondary Examination Mark list
  - ♦ Income & Community Certificate from Village Officer for candidates eligible for reservation
  - ♦ Conduct Certificate from the head of institution from which the candidate completes qualifying examination
  - ♦ Certificate of extracurricular activities, if any
- The completed application should reach the office before 5 Pm on.....

### **Admission**

Admission will be on the basis of merit. The total percentage of marks secured in the qualifying examination, optional Subjects of other group plus the marks obtained by candidates in the interview will be considered.

### **Residence**

All selected candidates have to join the hostel provided. Mess expenses are divided among the hostel inmates.

### **Discipline**

Selected candidates should strictly follow all instructions from the school authorities for maintaining discipline and decorum of the school and hospital. Mobile phone is strictly prohibited. If found it will be confiscated and fine imposed.

### **Ragging is strictly Prohibited**

As per record of proceedings of Supreme Court of Indian section XI A item No. 45 dated 10-12-2007, if any incident of Ragging comes to the notice of the authority, the concerned student shall be given liberty to explain and if her explanation is not found satisfactory the authority will expel her from the Institution. The onus of proof is on the accused. During the course of study the students should not join in any organizations / associations other than Student Nurse's Association.

Violation of the above conditions will be liable for disciplinary action.

### **Uniform**

Uniform will be provided by the school at minimum cost. All students should wear regulation uniforms during their course as well as period of practical training.



## Description of the Course

### First Year Subjects

1. **Bio Sciences**
  - a. Anatomy and Physiology
  - b. Microbiology
2. **Behavioral Sciences**
  - a. Psychology
  - b. Sociology
3. **Nursing Foundations**
  - a. Fundamentals of Nursing
  - b. First Aid
  - c. Practical - I Fundamentals of Nursing
4. **Community Health Nursing**
  - a. Community Health Nursing - I
  - b. Environmental Hygiene
  - c. Health Education & Communication Skills
  - d. Nutrition
5. **English**
6. **Computer Education**
7. **Co-curricular Activities**

### Second Year Subjects

1. Medical Surgical Nursing - I  
(including Pharmacology)  
Practical-I-Medical Surgical Nursing-I
2. Medical Surgical Nursing - II
3. Mental Health Nursing  
Practical - III - Mental Health Nursing
4. Child Health Nursing  
Practical - II - Child Health Nursing
5. Co-curricular Activities

### Third Year Subjects Part - I

1. Midwifery & Gynaecological Nursing  
Practical-I - Midwifery & Gynaecology
2. Community Health Nursing - II  
Practical-II-Community Health Nursing
3. Co-curricular

### Part-II-

(Integrated Supervised Internship)

1. Nursing Education
2. Introduction to Research and Statistics
3. Professional Trends & Adjustments
4. Nursing Administration & Ward Management

### Health Insurance

Every student has to join a health insurance scheme compulsorily having validity throughout the course.

